

Games we play

I. Fill in the blanks:

1. Chess is played between **two** players.
2. In ludo, maximum **four** players can play.
3. Games keep us physically and mentally **healthy**.
4. Cricket is an **outdoor** game.
5. The games we play inside our home are **indoor** games.
6. **Hockey** is the National game of India.
7. **Chess** is an indoor game.

II. Match the following:

Games	No. of players
Badminton	- 2
Chess	- 2
Ludo	- 2 and 4
Cricket	- 11
Kabaddi	- 7

III. Answer the following questions:

1. Name five indoor games.

Ans: Chess, ludo, carom board, snakes and ladders and video games.

2. Name five outdoor games.

Ans: Cricket, football, kabaddi, badminton and hockey.

3. What are indoor games?

Ans: Games which are played inside home are called indoor games.

4. What are outdoor games?

Ans: The games which are played outside house are called outdoor games.

5. Name the games played in olden days.

Ans: Gillidanda, hide and seek, stappoo, seven tiles and marbles.

6. Name any four team games.

Ans: Cricket, football, kabaddi and hockey.

7. What is the importance of playing games?

Ans: a) Games help us to relax.

b) It is good exercise for mind and body.

c) It keeps us fresh and active.

8. Name the games which are played with ball.

Ans: Hockey, cricket, table tennis, football, basketball etc.

9. Write the games that were played in past and now played in present.

Ans: In past games like marbles, gillidanda, seven tiles, spinning top were played.

Now a days children like to play computer games, video games, cricket, tennis etc.

10. Name the game played by these players.

Ans: a) SaniaMirza – Tennis

b) Sachin Tendulkar – Cricket

c) P.V. Sindhu – badminton

d) PradeepNarwal – kabaddi

e) Sunil Chettri – Football

f) Vijendersingh - Boxing