

## CLASS\_3\_EVS

### What's cooking

#### I. Choose the correct answer:

1. In villages of Punjab people like to eat **Tandoori roti.**  
a). Tandoori roti    b) Idli    c). Rice
2. Cakes and pastries are baked in **Oven.**  
a) Tandoor    b) Oven    c) gas stove
3. An example of liquid fuel is **Kerosene.**
4. The best source of eco-friendly fuel is **Sun.**

#### II. Write the methods of cooking used for these foods items:

1. Rice – boiling
2. Dosa – roasting
3. Cakes – baking
4. Idli – steaming
5. Poori – frying

#### II. Answer the following questions:

1. Name any four utensils used for cooking.  
Ans: Pressure cooker, tawa, frying pan and strainer.
2. Name some food items which you can eat without cooking?  
Ans: Salad, chutney, sandwich and sprouts.
3. Name any four electrical appliances used for cooking?  
Ans: Induction stove, Oven , toaster ad mixer.
4. What are different methods of cooking?  
Ans: Frying, baking, steaming, boiling and roasting.
5. Name the fuels used for cooking?  
Ans: Electricity, coal, cow dung cakes, L.P.G., solar energy, gobar gas etc.