

What is cooking?

I. Choose the correct answer:

1. In the villages of Punjab people like to eat-**Tandoori roti**



A) Tandoori roti b) Idli c) Rice

2. Cakes and Pastries are baked in **Oven**



A) Tandoor b) Oven c) Gas-stove

3. In town, Most of the people have **gas-stove**



A) Tandoor b) Oven c) Gas-stove

4. An example of liquid fuel is **Kerosene**



A) Kerosene b) Coal c) Cow dung cakes

5. The best source of eco-friendly fuel is **sun**



A) Rain b) Water c) sun

II. Make words from the jumbled letter:

1. y r f g l n n a p –Frying pan

2. o t p – Pot

3. a w a t – Tawa

4. s s u p r e r e e r k c o –Pressure cooker

III. Write the methods of cooking used for these food items:



Rice –Boiling

Idli –Steaming



Dosa-Roasting

Cake and Pastries-Baking



Poori –Frying

IV. Answer the following:

1. Name any four utensils used for cooking?

Ans: 1. Pressure cooker

2. Frying pan



3. Tawa

4. Strainer



2. Name four food items which you eat without cooking:

Ans: 1. Salads 2. Chutney



3. Sandwich

4. Sprout



3. Who cooks food in your family?

Ans: Mother cooks food in our family.

4. Name any four Electric appliances used for cooking in your kitchen?

Ans: 1. Grinder

2. Mixer



3. Induction stove

4. Oven



4. Oven

5. Name the method of cooking used in Kitchen?

Ans: 1. Roasting

2. Boiling



3. Frying

4. Baking

5. Steaming



6. Name the fuels are used for cooking?

Ans: 1. Wood 2. Cow dung cakes



3. LPG

4. Electricity



5. Coal

6. Gobar gas



