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CLASS: I

TOPIC: CLEANLINESS OF OUR

SURROUNDINGS

SUBJECT: EVS

MONTH: FEBRUARY

MOUTH AND TEETH:



¥ Brush your teeth twice a day - once in the morning and again before going to bed.

¥ Use your own tooth brush.

¥ Clean your mouth with water after eating.

DAILY BATH:



¥ You must take a bath everyday.

¥ Washing your body with soap and water helps in removing dirt and sweat.

¥ Always use clean towel and your own towel.

HANDS AND NAILS:



✂ Wash your hands with soap and water whenever they get dirty.

✂ Wash your hands before and after every meal.

✂ Keep your nails trimmed.

✂ Never bite your nails.

OUR EARS:



✂ When you take bath, clean your ears with a clean towel.

✂ Clean only their outer part.

✂ Do not put any stick inside the ears for cleaning them.

NOSE:



¥ Always keep your nose clean.

¥ Use a clean handkerchief to blow your nose.

¥ Never put your finger in the nose.

¥ It is a dirty habit.

HAIR:



¥ Wash your hair well while taking a bath.

¥ Rub it dry with a clean towel.

¥ Apply some oil and comb it.

CLEANLINESS OF OUR SURROUNDINGS:



¥ Do not throw bits of paper all around. Throw in the dustbin.

¥ Keep your things in their proper place after use.

¥ Do not write on the tables or walls.

¥ Do not spit on the floor or on the road.

¥ Turn off the tap after use.

¥ Flush the toilet after use.

I.MATCH IT:

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|----------------|---------|
| 1. Oil | feet |
| 2. Soap | bathing |
| 3. Nail cutter | hair |
| 4. Shoes | dustbin |
| 5. Tooth brush | teeth |
| 6. Wastepaper | nails |

II. FILL IN THE BLANKS:

1. You must _____ (brush/wipe) your teeth twice a day.
2. Taking bath removes _____ (hair/dirt) from your body.
3. _____ the toilet after use(Flush/ wash)
4. Never bite your _____ (nail/finger)
5. You must use _____ (hand / kerchief) to clean your nose.

III. CHOOSE THE CORRECT ANSWER:

Tongue Cleaner	comb	cloth	meal	nail	cutter
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1. We must wash our hands before and after every _____
2. We must use a _____ to cut the nails.
3. We must clean our ears with a soft _____
4. We must clean our tongue with a _____
5. We must use a clean _____ to keep our hair tidy.

IV.ANSWER THE FOLLOWING:

1. How do we wash our hands?

Wash your hands with soap and water whenever they get dirty.

2. When should we brush our teeth?

Brush your teeth twice a day - once in the morning and again before going to bed.

3. How will you clean your nose?

Use a clean handkerchief to blow your nose.

4. How will you keep your classroom clean?

¥ Do not throw bits of paper all around. Throw in the dustbin.

¥ Do not write on the tables or walls.

5. What do you use when you have a bath?

1.Soap 2.water 3.clean towel